

www.ProjectNatureConnect.com nature@interisland.net 360-378-6313 Michael J. Cohen, Ed.D., Ph.D.,

An add-on reality to everything!

DRAFT: for review and educational purposes only This article, updated, is seeking a publisher.

How to Let Earth Save Us: The Essence of Nature as a Conflict Resolution Tool

Natureness, a therapeutic attraction paradigm, lets Nature's self-correcting essence transform our discontents into love.

The most valuable scientific discovery since Earth Day, 1970

The truth, the whole truth, and nothing but pristine truth so help your-self

Michael J. Cohen 360-378-6313



<complex-block>

 Image: Contract of the contrac

The Pristine Truth sequence, life, and history of Natureness (4)

NATURE is, since forever as now, the heartfelt essence of its wordless attraction to begin life and love its dance into being.

Synopsis (For the Abstract, see Appendix A, p.18 or download it).

This article is a "true or false" inventory and update of the reviewed and updated legacy article *Pristine Truth Ecopsychology: the Natureness Remedy* in the International Journal of Ecopsychology (1). In it, attraction is the original force

1 >>>> in the chart that grows and pulls things together every instant including now. The flowchart image above, when attractive to you, authenticates that this article is doing what it says it does.

Attraction is what holds things together and it is the essence of love.

Note that part of you right now is pulling/holding your life together. Don't you sense or feel that you would like or love to unite more things together in and around you so you and the world can increasingly be at peace?

All the attractions you know or sense are the result of the life of the original lifeforce having wordlessly been attracted to exist, grow and

express itself in and as you and everything else right now. That defines how the life of Spacetime works for all things.

This symbol *represents* and conveys attraction's wordless, unifying essence quote

Attraction like gravity, electromagnetism, or love, "the cosmic glue."

The heart of attraction \implies is to grow and become more strongly attractive, which is the essence of love and the flowchart at point **1** \implies .

The quote's "here and now" refers to space and time, *space-time*. Pristine Truth is spacetime that, as with this synopsis, actively empowers a person to use it as a tool. The tool works wonders because it works with the attraction essence of things and conflicts, not just with their words or labels. To our loss, its present omission in society causes, as well as prevents us from resolving, our tragic war against Nature and the conflicts that its words create. (6).

Everything suffers because our excessively nature-disconnected words attract us to catastrophically conquest helpless wordless Nature around and in us, the latter as our *inner nature* or *inner child*. Without words, Nature has no rights nor can it complain about its plight. This article is a green switch that remedies this catastrophe.

"We are waging a suicidal war against Nature and this mental illness damages all things as it abuses our physical and emotional world. A conflict-resolution "Green Switch" must be pulled that stops this catastrophe"

~ Antonio Guterres, United Nation's Secretary General (edited)

"Reading," "using," "resolving," "suffering," and "warring" are verbs. This article's first-of-its-kind flow chart of the Universe is a living social technology that is also the verb, "pristine truthing." It's Pristine Truth creates remedial space for Nature's life to do what it has wordlessly been attracted to do from before the birth of Big Bang spacetime to this moment. It's making that space right now.

Pristine Truth works better than most things because it enables us to relate to the essence of things, not ust their abstracts or identity as words.

Words are polarizing weapons of mass destruction against wordless Nature until, by using the flowchart, we let Pristine Truth correct them since its essence is spacetime's self-correcting power. Then the flowchart's pristine truth can reasonably be added to anything. The chart's impeccable accuracy remedies what ails us and our lives improve as we increasingly learn to master and apply its unifying arts and science. Thus, this synopsis as an abstract is not abstract; it's a legitimate action, a unique experience. It enables the article to resolve even the "Is this an abstract or action?" conflict by legitimately using itself as its definition and meaning of "

The above exemplifies how \implies as a repeatable unifying force stops our runaway war on Nature, around and in us. In spacetime, where all things are an attached single growing thing every moment, **authentic Nature is a natural area**. There, what our attractions \implies reasonably sense and feel attractive is also this article's most qualified application and reviewer.

xxxx Pristine Truth corrects its omisssion by letting us relate to the essence of things by calling them their right essence name "ness"—from "Mikeness" to "Rockness" to "Godness" or "Treeness." This shares our words with Nature's self-correcting energies everywhere so that their wisdom can touch, speak, and unify us. Otherwise, the errors of our defunct Steady State Worldview continue to deteriorate and traumatize Earth's and our life.

The *Interset Section* The *Section 2* The Section 2 The Section

", symbolizes the attraction so of plant life and our life to breathe together, to "respire" and "conspire," [sic], as well as nourish the 25% of our genetic makeup that is also plant genetics.

The attraction symbol *solution* also conveys that the *essence* of a thing is the paradox of its smallest fundamental, a wordless reality that retains its properties, being attracted *solution* to reproduce and grow its attributes into the next moment of our spacetime universe's *wholeness* of anything we identify. That phenomenon makes **ess**ence and wholen**ess** identical.

When applying the symbol while visiting a natural area, one can experience the difference between Nature's life and human life in this authentic way; *Nature is wordless while humans use and depend on words.*

As the *flow* chart discloses in the color orange (**5**), since a million years ago, as now, humanity's excessive complex word *disconnection* from wordless Nature is everything's foundation, the fundamental mother

of all conflicts (See Appendix B p. 20). Its anguish and anxiety attract us to create moments that let the flowchart help Nature resolve conflicts as Nature can do best because it is the fountainhead of authority in its perfection. Since forever as now, the flowchart is the "Natureness Paradigm:" the heartfelt and pristine, self-correcting essence of Nature's wordless attraction to begin life and love its dance into being, moment by moment.

As aforementioned, the symbol ", is a single, immediate attraction sensation or feeling that instantly manifests Nature's whole-life power as the flowchart. Here's how to experience it

"Hold your breath; disconnect from the air to create a wordless, growing hole in you, a desire for oxygen. Now, let your sense of respiration attract you low to breathe Nature's air and feel good by being whole again. You have just experienced Nature's pristine truth beneficially filling your absence of air while also sustainably feeding the plant kingdom your carbon dioxide. Expressed in words, it's humanity's inherent love low to survive, to shamelessly embrace the wordless life of Nature as its life embraces us." We have 53 additional senses that do the same thing, including our senses of place, trust, community, music and reason.

The symbol ", "represents the flowchart's action and you and me in words this instant (3C) attracted to growing. When in a natural area it attracts and enables you to meet and embrace your whole, 54-sense self.

Introduction

Rejoice! Be Enthusiastic! Spacetime works and it is unadulterated, Pristine Truth.

Whether you are with others or alone, we invite you to replace your hurtful disappointments, abuse and mental illness with Nature's unifying love whose essence is attraction. This paradigm/flowchart enables you to overcome the trauma that remains from our excessive or abusive childhood training to unwittingly indoctrinate our inborn love to live in peace to have us become instead soldiers in our society's undeclared war against Nature. (6)

Quickly grow to be the self you want to be. Fill the holes in your life with this article's pristine truth, its/our love of Nature's balance and beauty. It works because it invokes "**Natureness, the self-correcting essence of Nature**," and helps that attraction provide the grow organic remedies for what ails us.

Nature**ness** fills the holes by relating to the **ess**ence of things by calling them their right essence name "**ness**"—from "Mikeness" to "Rockness" to "Godness"

or "Treeness." This shares our words with Nature's self-correcting energies everywhere so that their attractive wisdom can touch, speak, and unify us. Otherwise, the errors of our defunct Steady State Worldview continue to deteriorate and traumatize Earth's and our life.

Unbelievable? Just as sure as you are reading these words, right now you are engaged in learning the pristine truth of Natureness that we are taught to ignore. You can easily add this healing reality to the hurtful lies, conflicts, and outrages we suffer in and around us. It transforms our nature-conquering battlefield into reasonable love, reversing the belief that doing so is wrong or impossible for you or anyone else. Revolutionary happy and responsible "ness" individuals, communities and relationships grow themselves as mental illness is transformed into the Pristine Truth of Natureness (3A, 9, 10)

If you're attracted () to learning how to help yourself and yours, this instant demonstrates that it is already working, can be repeated, and grows indefinitely.

As you read further and expand this process, you will find things here that seem to repeat themselves. They are not only reminders but also demonstrate that you have learned things already that are functioning and growing, and that's this article's purpose.

An attractive living Pristine Truth >: You are reading these words that attract you to read further, so you will.

Natureness power is the essence of an excellent childhood. This article helps you master the art of its pristine truth and be funded to apply it anywhere. Its References and Appendices complete the process.

The Missing Abstract

As aforementioned, this article does not have a real abstract because it is not abstract, its alive and active (However, see Appendix A, p.17). Rather, as a reactive True or False inventory it involves you in recognizing that, when you embrace its truths in a natural area, it manifests the benefits of \implies as identified in an update of the legacy article *Pristine Truth Ecopsychology: the "Natureness" Remedy* (1) that is peer-reviewed and published in The International Journal of Ecopsychology. It's essence is this immediate attraction \implies in action, the real thing:

"On an August day in 1965, a freak thunderstorm compelled me (13) to ask the Grand Canyon Wilderness, where I was backpacking, if it was alive and how its life was different than mine. No surprise, the Wilderness said nothing because Nature's flow doesn't use or know words. Soon, however, the answers became obvious then, as right now, too.

'Nature can't speak with words and I/humanity can.'

'If Nature dies, I'd die so Nature has to be alive.' "

[Anyone so attracted \nearrow can repeat this experience in a natural area, including the air between this screen or page and you. That moment-by-moment pristine spacetime truth grew my next 57 years of living it to this instant. (3C) Or pinch yourself too hard and feel \checkmark attract you to seek less pain.]

The above quote reinforces the long-known fact that humanity is the single segment of Nature's life that can speak. *Nature is wordless, and we are its major if only known worded part*. At any moment, until blends our personal words and Earth's life, we know, live and learn in a stressful, orange disconnecting duality that harmfully is 99.9% out of tune with how Nature works wordlessly. (2)

As aforementioned, this symbol ", is the Pristine Truth essence of Natureness, our natural wordless attraction to be peacefully united with all things in Nature's universal web-of-life. (11, 12)

Presently, to our loss, our words excessively disconnect us from wordless Nature around and in us. To remedy this dangerous phenomenon, this article invokes nameless " »". Otherwise, our stories and labels will continue to create hurtful detachments from Nature's wordless love for life as it flows around, through, and as us. (6)

Our lives and world are breaking apart because without applying >, Industrial Society indoctrinates us for profit to use words that exploit and conquer Nature excessively. This creates our suicidal war with the natural world that won't stop because we are addicted to using the same words that cause it to remedy it.

That makes this article, with its flowchart, a vital sensory attraction \implies tool that extends your life, like an honesty wand or golden touch (*"phi" the Golden Ratio sequence*). Its unique questions and spacetime \implies flowchart enable us to transform our disorders and conflicts into Nature's love for all things to live. Doing this remedies the point source core of our anxieties and illness through \implies -validated methods and materials. (3)

This makes the flowchart like your map, blueprint, or GPS of the world that replaces our bankrupt society's traumas, lies, and scams that are breaking the world apart. The latter are so influential that they may still have you thinking that seeking the warp of their excessively nature-disconnected and conquering "facts" will help you trust your undeniable *Pristine Truth* that you are alive and reading these words here and. If you can't trust what you reasonably experience what can you trust that won't make you suffer wounds from your abuse by our suicidal war with Nature?

Natureness The add-on to everything True or False inventory

As aforementioned, "**Natureness, is the self-correcting essence of Nature**," and its *Pristine Truth Flowchart* paradigm is the essence of everything else on these pages. It's the continually repeatable, accurate, scientific evidence and organic control we can rely on for whatever we're attracted simply by becoming "Jodyness"

The symbol " *symbol*" from the synopsis can be used as a trustable attachment to things because its presence grows with their essence, increasing well-being for everything.

Strengthen mental health by invoking the attraction symbol *s*: "Let Nature pull *s* your sh-t together." That should be the title of this article.

Just as sure as you exist and are alive, you are reading these words and "something" is attracting you something. Otherwise, you would be doing something else.

As aforementioned, this green leaf attraction symbol " — " is that "something." Its wordless desires fill the holes in our lives that our authorities make us suffer as they unwittingly teach us to injuriously war against and break apart our world around and in us.

Our attraction figstartential this instant is older than the time when it was attracted to and morphed into becoming Big Bang Spacetime, 14 billion years ago historically, as this instant, too "2 figstartential has a startential has a starteni

The only reason \implies will not increase your well-being is if you don't believe that it will or has. You lose its power whenever that happens because \implies is the heart of your DNA. It's what attracts their particles, atoms, molecules, and you and the world together (Its Strong Force holds an atom's nucleus together. A butterfly's weight, 1/400 oz., of Uranium fission created the Hiroshima atomic bomb explosion).

Be careful. Your words of disbelief about this natural sequence of life socially disconnect you from your natural self. This decreases your energy, self-worth, and health as it produces anxiety and its disorders.

We are all enveloped in today's lies and corruption that stem from the suicidal war we increasingly wage with Nature around and in us. (6) For us as soldiers in it, with the exception of Pristine Truth and Natureness, everything has many meanings when, without , we relate to their labels and words instead of to their wordless unified sesence. That's why everything becomes debatable or is a wounded or polarizing falsehood, conflict, or battle until it is corrected by . This includes what you are reading now, so to be completely honest and accurate as we begin here, we are attracted to calling attention to and

correcting this paragraph's inaccuracies with these words you now read.

The Natureness True or False inventory

To accomplish above described wonderful, almost unimaginable feat, I, including my essence (ness), in **1a** below, signify that the following basic \implies fact is accurate, and I invite you to do the same in **1b**.

1a I, Mikeness, the author's essence indicate: () **TRUE or** () **FALSE**: "It is undeniable that I exist, I am alive, and I'm reading these words this instant."

1b You, ____, the reader indicate: () TRUE or () FALSE: "It is undeniable that I exist, I am alive, and I'm reading these words this instant."

If you have specified that statement **1b** is true for you , each of the following statements is also true because they are rooted in that truth and grow from it. This statement is attracted \implies to support your truth \implies and the truth of the statement that follows it. This ensures that you are continually accurately creating and continually attached to the next truth. *This is especially true if you have found or experienced it, or an example of it, in a natural area.*

All the additional Pristine Truths below will reinforce and expand the truths of those you have already recognized. This self-empowering process makes each stronger and makes the final s a commanding, accurate, and understandable tool that you sense while it invokes the attractive Pristine Truth of Natureness and its benefits.

Are you attracted to continue ? Discovering things that are true in the moment is unquestionable pristine truth since they are all that exists then, they are not adulterated, and they reate the essence of the next moment in ways that increase well-being.



2 () TRUE or () FALSE: The symbol " () I've sensed this in a natural area.

The symbol *pristing* demonstrates right now that the unique combination of our pristing words and acts in **1** *solution* works because they have continued their truth

here. They have grown into this new and different *for moment.* Significantly note that in this moment it is still unequivocally true that you are attracted *for moment it is still unequivocally true society globally agrees.* That's a great start to growing harmoniously from here.

As aforementioned, this phenomenon is called "*Pristine Truth*" and "*Natureness*," the self-correcting attraction essence and paradigm of Nature. Pristine Truth is Spacetime and Natureness is its essence. Here and now, we are learning to use its excellence in **1** as a tool that self-authenticates it is helping us create additional Pristine Truth statements and relations.

The explanation for why the statement "It is true you are reading these words right now" is accurate is usually explained as, "Because it's existential or self-evident." "It registers directly on our senses so it needs no proof." "We take this phenomenon for granted." All these weaken the statement's inherent core power.

The statement works because its words remove their misleading duality by substituting their unifying singular Universal source for it. Nature's space + time, the here and now, *is also us*. That spacetime validation of who we are is Pristine Truth unity . Our problem is that we excessively take it for granted and overuse or abuse it. (6)

We will now again attractively suse the above self-perpetuating facts of to increase their unifying dependability and elimination of duality. This

will further let our Natureness here and elsewhere attractivelv *solution* transform and grow our misguided ways into personal, social, and global well-being.

This works because *attraction is the essence of love* and we love to do this because we love to live.

Since the omission of *Pristine Truth* and *Natureness* is a prime source of our suicidal war with Nature, invoking "," remedies our inner and external conflicts by sensibly loving them into becoming Natureness, the self-correcting and unifying essence that they share.



3 () TRUE or () FALSE regarding "words"
 () I've sensed this in a natural area.

As *s* is created or grown by 1 and 2 above, your Pristine Truth is probably aware that Nature is wordless. Nature can't speak words while we and the rest of

humanity are worded. This produces a continual language barrier, a hurtful, unjust disconnect between us and Nature. It creates anxiety, fear and pain because the loving purpose of Nature's self-correcting flow around and through us is to all at once grow and support our life and all of life harmoniously (5). Our word disconnects torpedo this vital function.

We are troubled and in trouble because our words, including these words, are weapons of mass destruction in our suicidal war with Nature (6). This will not change until we use additional words and experiences to correct this tragedy and beneficially reconnect our words with Nature. As a true-false Natureness indicator, this article and flowchart enable us to do that here and now.

Using the symbol \implies is vital because \implies is not a word. Its wordless integrity attracts us \implies to blend and benefit from any conflicting meanings that we have attached to it. The flowchart and \implies are a congruent one**ness**.



4 () TRUE or () FALSE regarding spacetiming () I've sensed this in a natural area.

As 1-3 have absolutely established, the Pristine Truth of Natureness so works in the here and now, in Nature, our in-common essence so as it grows, moment by moment. Actually, this or any other "space and time instant" is an active verb, "to grow." It's our attraction-to-live so "spacetiming" right now.

You can sense that, like any organism, as our life grows, all things in our body and that we can see everywhere else in Nature, including the night sky, are simultaneously attracted to growing a new time and space that lets every part of everything attractively live the next instant. We can reasonably sense and feel that all things are attractively present, alive and growing at any given moment of our life , including our sensations, dreams, and fantasies as things, no matter if they are scientifically accurate or not because can establish that in additional moments

Our key challenge is whether or not words and their labels and stories that we create are authentic, repeatable, and trustable truths about how Nature's things blend rather than conflict with each other so they can't mislead us. This blending includes all of Humanity and our stories

We know that what our spacetiming reasonably thinks and feels here right now is one of our true stories because our attraction to our experiences here to date has validated it, i.e. it remains true that you are reading these words. It's an absolute fact that sattracts us to apply this process to all our stories and benefit from scientific ones.



5 () TRUE or () FALSE regarding sequence, singularity and duality () I've sensed this in a natural area.

Again, from the progression of 1-4 above attractively growing sto this instant, our thoughts and feelings can reasonably validate that each **moment** of our Pristine Truth spacetiming includes its moment-after-moment **sequence**, i.e., 1 2 3 4 5 6, etc.

When our *shows* knows itself as being that sequence, it experiences the Fibonacci golden ratio, in which numbers grow and increase by 1.62 every time you apply them.

We must expose our duality in the act of misleading us here. Spacetiming is a seamless continuum like our feeling of aliveness because it is it. Falsely, our words that say it exists "moment by moment" make spacetiming a stop-and-go affair, and with respect to being alive, stop is death.

"Moment" is actually a word that stops time's flow to make room in our lives for artificial words to influence us in some way. The words often excessively make us turn Nature into money and artificiality. Our words can't stop this hidden "cancer" because we are not taught that's what they are doing. Fortunately, Natureness swordlessly bridges this gap and keeps the wisdom of spacetiming healthy.



6 () TRUE or () FALSE regarding "attraction ^(*)
 () I've sensed this in a natural area.

Attraction is a prime force sequence that, like gravity, draws things together. As it grows from 1 - 5 above, this paragraph's Pristine Truth words say that you were

Even if you were coerced, you and your essence were somehow persuaded or punished to be more attracted to solve bey the order rather than refuse it. As aforementioned, attraction is the essence of love.

As evidence for all this, note that you are still attracted *s* right here and now, to spacetiming.



7 () TRUE or () FALSE regarding "essence"
 () I've sensed this in a natural area.

Through your experiences in paragraphs 1-6 sequence, you and your essence are learning and validating in these words here and now that the essence of a thing is its smallest fundamental, wordless reality of itself that retains its properties and is attracted to reproduce and grow more attractively as it becomes the next moment.

This means that Natureness is like the unique "soul" or "spirit" of a thing. However, they are not Pristine True trustable or scientific things because their defunct Steady State Universe outcomes are not dependable, reasonable and repeatable. Too often, they destructively mislead us. That's our problem, not its solution. Fortunately, soulness and spiritness resolve this challenge.

Our solution is our spirituality allowing us to have faith that Nature's attraction to grow life is the sequential fountainhead of authority in how it works. Its Natureness art and science support a wordless, self-regulating, global community of all-things that increases well-being by correcting incorrect words (9)

For *so* to implement this solution means relating to the essence of everything by heartfeltly adding "ness" to our and everything else's names so we experience "I love this connection with the wordless life of Nature's balance and beauty."



8 () TRUE or () FALSE regarding our 54 senses: (7B)
 () I've sensed this in a natural area.

As exhibited now and in preceding 1-7, our attraction senses \implies of color, shape, reason, literacy, consciousness, time, space, gravity, respiration, and growth are operating, and *none of them* are any of the five senses we are taught that we know and learn from since childhood. This holds true for our additional natural senses, such as distance, music, motion, and love, 54 of which most of us have experienced and validated. (7b)

That we learn to think that we only have five senses leaves a dangerous hole and anxiety about how we sense and relate to the world and each other. The tool that remedies this dysfunction is *flowchart*. (10)



9 () TRUE or () FALSE regarding "greed:
 () I've sensed this in a natural area.

You can hold your breath right now and make an educational hole in your wholeness from your increasing lack of air. That hole is reasonably attracting *w* your sense of respiration to produce stress, fear, or suffocation pain that increasingly attracts you *to breathe again. When you do, you gain attractive* satisfactions *from the air you inhale. They reward and fulfill your inherent* attraction *to the atmosphere's oxygen. It is a breath of life gas grown by the* leaves of Nature's plant life and sunlight. In addition, air is an essence of climate that lets light pass through and carries sound waves.

While you stop breathing and are deprived of its love for you to live, you feel suffocated, and you excessively want air because it's become a deficiency in your life.

Similarly to the above, our Greed is the outcome of excessively or addictively desiring more "stuff" to satisfy our broken life's excessive loss of Nature's love for us and it to live. This happens because the attractions of our 54 natural senses, not just suffocation, sense the loss of Nature's love, so we want. There is never enough when we want, so we feel we need more of everything and act accordingly (6). That's greed. Satisfactions from Natureness remedy this short circuit because is a spacetime "long circuit" continuum since forever.



10 () TRUE or () FALSE regarding our broken personal and global life.
() I've sensed this in a natural area.

The greed produced by our unsatisfied love of life makes us continually desire additional satisfactions or tranquilizations. For this reason, we become excessive, and our <u>overuse deteriorates</u> our and Nature's common sessence.

Invoking the Natureness of \implies is like taking a deep breath. It revives and regenerates the spacetime essence of all things. In today's increasingly deteriorating world, our story world's omission of \implies violates everything's legal, moral, and ethical rights to life.



11 () TRUE or () FALSE regarding resolves conflicts () I've sensed this in a natural area.

Quickly go down the color chart list and aloud say **the ink colors**, not the color names. For example, the first color is orange, not green. (8)

GREEN RED BLACK BLUE BROWN YELLOW VIOLET GREEN

CONCLUSION square-in-green (GG) comfortably provides full information and resolves green-in-orange (GO) conflicts.

NOTE Many people believe they are errorless because they do not know they said "brown" while seeing the color magenta. Without another person with them catching this error, they cannot correct it, and suffer the consequences of the distortion.

APPLICATION The following activity should be included at the start of meetings or any other time: **Reasonably take a breath and hold it until it is uncomfortable, then, as you release it, shamelessly say, "I love** to **connect with the wordless life of Nature.**" POTENTIAL CHANGE Natureness can be taught globally by internet or telephone. In the USA during the Second World War, backyard and rooftop Victory Gardens reduced vegetable purchases by 50% in three years.

Note, too, that a total population can update a change when 10% of it believes it, so it's strong enough to grow and change by itself.



12 () TRUE or () FALSE regarding " () I've sensed this in a natural area.

As predicted in statement **1**, this empowering Pristine Truth true or false inventory makes each > stronger. It makes invoking this final > an accurate and understandable power tool help spacetime's Natureness stop our war with Nature and let > increase personal, social and environmental well-being. (7)



13 () TRUE I have experienced and created the life of the Spacetime Universe attraction flowchart below. It validates that because Earth has water on its surface, it is attracted to grow sa a planet whose life flourishes by it

consisting of living things united and continually attracted to strengthening by diversifying their lives.

Natureness Summary: Below are the feelings from key synonyms that the essence of attraction \implies includes and activates in spacetime. While connected with a natural area, our Natureness can sense one, or more, or all of them that

are part of the flowchart below. (7A) This is also true for other attractions you may experience. Those that you sense in the diagram are their "selfies." Just **YouNESS** add "**ness**" to them.

Hope, Existence, Sequence, Permission, Unity, Essence, Personal, Matrix, Singular, Self-Correcting, Integrity, Now, Nameless, Intelligent, Alive, Attraction, Love, 54-sense, Web of Life, Pristine Truth, Dance, Mikeness, Resilience, Greed, Trust, Resolution, Yourself, Spacetiming, Resonance, Earth-Misery, Loved.



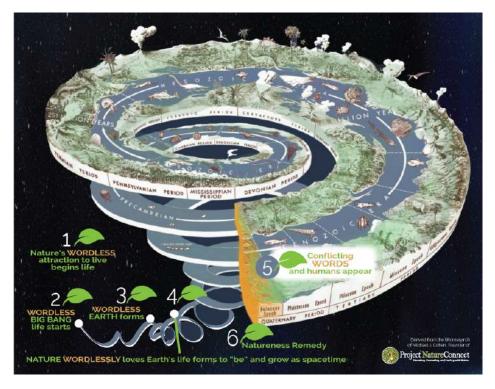
14 () **TRUE** The flowchart below is a "selfie" of the natureness paradigm you sense and feel when you take a breath and hold it until it becomes uncomfortable, then, as you release it, feelingly say, "I shamelessly love to procession with (or other

endearments) wordless Nature's balance and beauty."

If you don't embrace the \ge 1 to \ge 6 to \ge 1 sequence on the chart, it will just become still another conflict. (2A, 6).

Embracing it is actualizing "It is indisputably, pristine true that you are spacetime embracing it in word and deed and can apply or teach it to others."

➢ The Pristine Truth sequence, life, and history of Natureness (4)



NATURE is, since forever as now, the heartfelt essence of its wordless attraction to begin life and love its dance into being.



15. () TRUE or () FALSE regarding #2 the Big Bang on the flowchart () I've sensed this in a natural area.

It is reasonable that, on some level, the likes of 14 above occur throughout Nature's spacetime for everything since that's how spacetime works. This would mean the Big Bang was not a miraculous, instantaneous, unexplainable expansion.



16. () TRUE or () FALSE regarding the flowchart

() I've sensed this in a natural area.

For educational purposes, it is reasonable that words appear on the chart throughout its entirety when they did not actually appear with humanity until the orange section of the Pleistocene, about ond million years ago.

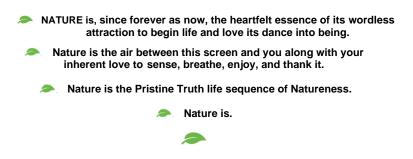
None of our society's words, including Nature, Gods, Love, Honesty, and Science, existed until the *orange section* of the flowchart existed...including this article and the chart and us being in the orange section.

"In the beginning *was not* the word until you add Ness to the word." This is why in today's Nature-deficit tragedy, words that don't self-correct must be corrected \implies if they and we are not to continue as polarized weapons of mass destruction.

The quickest way to correct anything into greater well-being is to add ness to yourself and that "thing," including people, via TF question 14.

Try it with the emblem for this section 16, above. Trees? Leaves? _____ness?

The flowchart in a natural area lets your Natureness meet and embrace itself.



References

1. Cohen, M. J. (2023). "Pristine Truth" Ecopsychology: The "Natureness" Remedy. International Journal of Ecopsychology (IJE) 9-18-2023 Volume 7 Issue 1 Foundations IV: Time <u>www.ecopsych.com/IJENATGUIDE.pdf</u> 2. Cohen, M. J. (2022). Natureness in Action: The Remedy For Abuse That We Learn To Ignore. *Journal of Social Sciences Studies and Research*, 2(4), 175-191. <u>www.ecopsych.com/NATILLUSTRATED.pdf</u>

2A. Cohen, M. J. (2022A). Nature-Connected Psychology Accredits Your Know-How, Interests and Training <u>www.PristineTruth.net</u>

3. Cohen, M. J. (2021). The Benefits and Credentials of Natureness Project NatureConnect <u>http://www.projectnatureconnect.com/benefits</u>

3A. Cohen, M. J. (2021A). A Sequence for Mastering Pristine Truth <u>www.ecopsych.com/LEARNINGPATHSEQUENCE.pdf</u>

3C. Cohen, M. J. (2020) Your *Greatest Trustable Truth* Interview <u>https://ecopsych.com/janetinterview.html</u>

4. Cohen, M. J. (2019a) The Revolutionary Wisdom and Science of Eco-arts Therapies: A Practical Skill and Truth [Online] Available: <u>www.ecopsych.com/journalmist.html</u>

5. Cohen, M. J. (2018) How to Liberate Your Natural Essence: The Art and Science of Sensory Validation, Project NatureConnect www.ecopsych.com/BETAFINALBOOK.pdf

6. Cohen, M. J. (2001) The State Of Planet Earth And Us. [Online]Available: <u>http://www.ecopsych.com/zombie2.html</u>

7. Cohen, M. J. (1995). Reconnecting With Nature, Finding wellness through restoring your bond with the Earth, Rowman & Littlefield <u>Amazon</u>

7A. Cohen, M. J. (1995A) Self Meet Yourself (The Pristine Truth of Natureness) <u>http://www.ecopsych.com/aliveearth.html</u>

7B. Cohen, M. J. (1995B) Benefit from Consciously Registering your Fifty-Four Natural Senses <u>http://www.ecopsych.com/insight53senses.html</u>

8. Cohen, M. J. (1993). Natureness: Thinking and Learning With all Nine Legs <u>http://www.ecopsych.com/ninelegs.html</u>

9. Cohen, M. J. (1992) The Pristine Truth Of Expedition Education <u>http://www.ecopsych.com/AEI.html</u>

10. Cohen, M. J. (1991) A Survey of Participants <u>http://www.ecopsych.com/survey.html</u>

11. Cohen, M. J. (1991A) The Webstring Natural Attraction Model <u>http://www.ecopsych.com/webstrings1000nat.html</u>

12. Cohen, M. J. (1991B) The Applied Ecopsychology Orientation Program http://www.ecopsych.com/orient.html

13. Cohen, M. J. (1990) The Training Ground of a Nature-Connecting Specialist <u>http://www.ecopsych.com/mjcohen.html</u>

APPENDIX A

AN ABSTRACT FOR WHEN IT'S NEEDED (320 words)

This article lets you celebrate and promote this time and place because these words attract you to a "Pristine Truth" that resolves the *essence* of our destructive conflicts in and around us. This critically important tool validates that the life of Nature's universe and our society have a common attraction-to-live essence, a beautiful love that our scams, lies, and violence are destroying and that is restored by invoking Pristine Truth.

Pristine Truth transforms our broken-apart world into Nature's unifying attraction to live, love, and harmoniously grow all things simultaneously. Professionally reviewed and accredited, it creates this undeniable truth about anything we do anytime, anywhere:

"It is an irrefutable, trustable fact that you are alive, can act, and are reading these words here and now (*space+time: spacetime*)."

This untapped power lets anybody transform disorders into Nature's selfimproving perfection.

Without Pristine Truth, we suffer as we harm our planet and each other by ignoring how Nature's life in and around us restores its well-being, but not our excessive artificiality and disconnects.

Pristine Truth grows from Dr. Mike Cohen's epitome in a wilderness area in 1965, which demonstrated that humanity can speak words and *helpless nature can't*. Pristine Truth corrects this injustice by letting us relate to the essence of things by calling them their right essence name "ness"—from "Mikeness" to "Rockness" to "Godness" or "Treeness." This shares our words with Nature's self-correcting energies everywhere so that their wisdom can touch, speak, and unify us. Otherwise, the errors of our defunct Steady State Worldview continue to deteriorate and traumatize Earth's and our life.

Invoking Pristine Truth remedies mental illness, polarity, anxiety, species extinction and climate change. This new social technology is paramount because it corrects our personal lifetime being 99% out of tune with the wisdom of nature's perfection.

Since forever as now, heartfelt, Pristine Truth is "The essence of Nature's wordless attraction to begin life and love its dance into being, moment by moment."

Hold your breath; disconnect from Nature's air and climate; feel a hole grow in you. Then, let your increasing Pristine Truth suffocation senses attract you to breathe Nature again. Pristine Truth wants to fill the hole and make you whole while sustainably feeding the plant kingdom your exhaled carbon dioxide. Pristine Truth does the same wonderous thing with our other 53 senses, like thirst, trust, music, and place, while, to our loss, we learn that we only have five senses.

APPENDIX B

UNIFYING QUALITIES OF PTF SPACETIME

The Pristine Truth Flowchart (PTF) in Action.

Hold your breath. Disconnect from Nature's wordless air to create an uncomfortable, felt sense "hole" or "void" in you. Now, let your increasing PTF suffocation sensations attract you to breathe Nature's air again and relieve your stress. What you've become is this PTF Natureness paradigm filling the "hole," making you whole, and, in addition, feeding the plant kingdom your carbon dioxide as you exhale. This happy PTF is humanity's genetic love low to shamelessly embrace the wordless life of Nature, around and in us, and, thankfully, survive as part of it rather than suffer from continuing to be catastrophically disconnected from it. It is 53 sense more powerful when you apply this PTF in a natural area, so take it there with you and others to increase personal, social, and environmental well-being.



Consider these distinctions between our Steady State Worldview and PTF Spacetime Universe relations.

PTF. Which color of the word (not the word itself) are these two "GREENS" easiest to say: **GREEN or GREEN ?**

GREEN is the easiest and most accurate (**GG**) because it does not conflict the word with its color, (**GO**). **GG** is just as true as "You are reading these words here and now." This is the same as the green and orange benefits of this PTF.

PTF lets Nature itself therapeutically transform any stress from **GREEN** into **GREEN** via " ," " ," is the symbol of your attraction to live and validate this phenomenon this instant.

The Steady State Worldview vs Spacetime Big Bang Universe

ORANGE The Defunct Steady State Mechanistic Universe (Aristotle, 300B.C.-1925 A.D) EXCESSIVELY SUPPORTS OUR HUMAN WANTS

GREEN Spacetime Universe Aliveness

(Hubble,1925-present) Natureness in action SUPPORTS ALL THINGS' LOVE TO LIVE

Steady State is an entropic, decaying ball **Spacetime** is a lively, growing, self-inflating bubble **Steady State** Mechanically limited 5-sense thinking **Spacetime** Attraction energy 54-sense relationships

Steady State source is academia **Spacetime** source is natural areas

Steady State truth includes the misery caused by society's distortions Spacetime truth creates satisfactions from natural area spacetime moments.

Steady State works by relating to and with words **Spacetime** grows by relating to and with everything's essence.

Steady State Outdated and inaccurate Spacetime Contemporary and existential

Steady State Belief-based **Spacetime** Evidence-based.

Steady State Is a history of its time Spacetime Is time itself doing and being its history.

Steady State is the objective science mathematical sequence of 0-9 **Spacetime** is the objective science mathematical sequence that includes the results of Nature's Fibonacci Sequence.

Steady State is created and operated by "foreign" words **Spacetime** is attraction *solution* being conscious that its words are wordlessly attracted/love to grow diverse space and time for all things to thrive in.

Steady State God made humanity to multiply and subdue Nature and replenish it with people **Spacetime** Godness demonstrates that God is unscientific, Pleistocene fiction.

Steady State Produces false unlimited Earth resources Spacetime Treasures limited "Earth's metabolism" resources

Steady State Was created to support humanity by excessively conquering Nature **Spacetime** Was attracted to create itself to begin life and love it into being, including our lives.

Steady State Is a static commodity **Spacetime** Is a flowing community

Steady State Needs defined information from artificially standardized conditions of temperature, pressure, motion, light and sound.Spacetime Seeks facts and relations from the everchanging dance of life in natural areas

Steady State Operates by laws of chance **Spacetime** Is consistently attracted to love life into being. Each moment wordlessly self-organizes, enhances and corrects its life including humanity's excessiveness.

Steady State rewards us for suicidally destroying our own life support system for profit **Spacetime** rewards us for being its Natureness, its self-correcting essence.

Steady State is known by limiting words and labels we assign to its mechanisms.

Spacetime is known by the "ness" labels of things that reasonably register their unity in our heart, love of love, and sense of consciousness.

Steady State Consists of our story's "entropy," of all things decaying into disorganization while guided by an unknown and unproven intelligence

Spacetime Consists of all things present at once in a unified singularity that like a seed or egg is attracted to birth, grow and organize itself to procreate the next moment of its life. It is the essence of all things that consciously loves being present in any moment. Each thing beneficially modifies the others to produce Nature's beauty, homeostatic balance and diversity without any undue garbage, war or abuse from disconnection.

GG > GO If you've ever had a calming, rejuvenating or euphoric GG experience in a natural area, that was the Pristine Truth Flowchart (PTF) of your Natureness. You did not need to go to school to learn it. In fact, school usually has you harmfully unlearn or ignore it GO.

GO We suffer our disorders because, on average, we learn to experience less than 12 hours of Natureness during our 640,000 hour lifetime. Our words continually educate and guide us to ignore the art and science of PTF and instead to conquer Nature and each other for "resources" dollars, power and love. Until it is PTF, our competitive recreation **GO** is not unifying re-creation **GG**.

GG The one billion year old slimemold and everything else have survived by their reasonable love for life using PTF before it was words and symbols. **Discover more here**

Contact



www.ProjectNatureConnect.com nature@interisland.net 360-378-6313 Michael J. Cohen, Ed.D., Ph.D., Founder.