

# The International Journal of Ecopsychology (IJE)

9-18-2023 Volume 7 Issue 1 Foundations IV: Time

Available at: <https://digitalcommons.humboldt.edu/ije/vol7/iss1/8>

## **“Pristine Truth” Ecopsychology: The *Natureness* Remedy**

**Michael J. Cohen\***

**A Personal Position and Ecopsychology Legacy Article**

**Although no core cause or solution for our broken world is known,  
this “Natureness” narrative makes both available**

**\*Project NatureConnect**

<https://www.projectnatureconnect.org>  
[nature@interisland.net](mailto:nature@interisland.net)

**360-378-6313 Pacific Time**

## An Updated Hyperlinked Narrative for Public Education and [Benefits](#)

### Abstract

As was best seller predicted by ecological science experts in 1949, (2a) most educated people today recognize that in personal, social and environmentally hurtful ways our abused lives increasingly break our world. **Although no core cause or remedy for this catastrophe is known, the life of this organic “Natureness” article is a tool that makes both available** by instantaneously bringing to life its web-of-life model (9). Sadly, by continually omitting the science of its special “Pristine Truth” arts, all the knowledge in the world can’t stop modern humanity’s suicidal mismanagement of Nature’s life as its “spacetime” (2 flows around, through and as us. This disconnects us from the “now,” the core energy that most therapies depend on. Instead, our present-day, corrupt, conquer-Nature worldview teaches us to excessively detach, exploit, and illegally war against the “now” of Nature’s beneficial ways (4).

“We can point to remarkable achievements in all fields since 1971, but it is disheartening to find that our emotionally dependent attachment to science and technology is increasingly at fault.

The application of physical, biological and social sciences alone will not solve our catastrophic problems because the solutions lie in another field. What we need is an *organic technology of behavior* presently missing in our activities and disciplines.

We will solve our problems when we can use our sensory wisdom to adjust the growth of the world's population and its destructive ways as precisely as we adjust the course of a spaceship.”

~ **B.F. Skinner**, 1971 *updated*

The Pristine Truth tool presented here is fueled by the undeniable fact that we must exist and live before we can sense, think, feel or act, and this is true of Nature’s life as well. Whenever we omit or deny this organic certainty about all things, that nature-disconnected root next moment continues our conflicts, anxieties and problems that, here and now, this nature-reconnecting social technology article remedies.

~ [Michael J. Cohen](#)

## **Introduction: This Instant is “Pristine Truth”**

The United Nation’s Secretary General has declared (17—see also 12) that we are waging a suicidal war against Nature, that this moral conflict damages all things as it breaks our world, and that a “Green Switch” must be pulled that stops this catastrophe UN’s Website, “The State of the Planet”:

[...] there is no vaccine for the planet. Nature needs a bailout. In overcoming the pandemic, we can also avert climate cataclysm and restore our planet. This is an epic policy test. But ultimately this is a moral test. The trillions of dollars needed for COVID recovery is money that we are borrowing from future generations. Every last penny. We cannot use those resources to lock in policies that burden them with a mountain of debt on a broken planet.

It is time to flick the “green switch”. We have a chance to not simply reset the world economy but to transform it.

A sustainable economy driven by renewable energies will create new jobs, cleaner infrastructure and a resilient future.

An inclusive world will help ensure that people can enjoy better health and the full respect of their human rights, and live with dignity on a healthy planet.

I’m often chagrined by how my unifying social technology, which this article gives you, has been divided into disconnected and competing cubbyholes, such as “economics,” “academics,” “gods,” and “loves.” Sadly, they sustain the discord they attempt to remedy and I personally call and define this insane catastrophe “Earth Misery.” (4)

*Have you ever learned, as have I, that Nature’s life-flow does not produce any garbage or undue abuse? Moment by moment, everything in it is consistently attracted (loves) to supportively diversify or transition into something else that supports both its own and Nature’s life, so everything belongs. This means to me, and my 57 years of getting out of the woods by going into the woods, that Nature, a natural area, is its own “Pristine Truth” that expertly self-corrects because it is the beautiful fountainhead of authority in how its homeostatic attractions work to perfection. (2)*

*Nature is the life of the world that is not built by humanity and it is always changing because, wordlessly, it’s always attracted to grow and flow around and through everything, including us and this article. For this reason, one seldom discovers the source of anything in Nature because it’s constantly changing and it doesn’t speak words. However, I know I discovered the “Pristine Truth” essence of how Nature works and how it helped me recognize its remedy for Earth*

Misery. By first seeking consent from any natural phenomenon to visit it (3a), I've applied and validated Pristine Truth for 57 years and counting. *Since it's an ultimate reality, I'll describe it right here and you can be the judge by repeating what I did and do for yourself if you are wise enough to trust your own experiences.*

Please note that the constructs and terms I use are the unique ways that I scientifically explain my established and repeatable, yet private/subjective, accredited experiences. I urge you to use them to “green switch” in order to beneficially unify your relations and all things.

Ready?

### **Discovering Nature's Reality**

In 1946, at age 16, I dedicated myself to being an outdoor educator because it was an already successful fix for my 1936-39 childhood abuse as a left-hander. (6) That dedication led to this incident:

“On an August day in 1965, a freak thunderstorm compelled me to ask the Grand Canyon Wilderness, where I was backpacking, if it was alive and how its life was different than mine. No surprise, the Wilderness said nothing because Nature's flow doesn't use or know words. Soon, however, the answers became obvious then, as right now, too.

‘Nature can't speak and I/humanity can.’

‘If Nature dies, I'd die so Nature has to be alive.’ ”

Without knowing it I had created what I call a personal Pristine Truth moment whose consistency anybody can repeat and let the flow of Nature's life be evidence that demonstrates that it exists and that our words are foreign to it because it's speechless. This core fact is a key “green switch” *that is alive and present continually so it can trustily be added to anything, anywhere, anytime and correct what personally ails us along with our broken world Earth Misery.* (12)

*This article is Pristine Truth's aliveness creating itself with you here, as Nature has with me. It works because, while we cooperatively breathe Nature's atmosphere, it reliably creates attraction moments that let wordless Nature teach us how to stop our abusive war with Nature's flow around and through us, This increases well-being.* It shares my decades of heartfelt Project NatureConnect methods and materials that my 54-sense contact with Nature has attracted me to create since 1965. (8)

This instant, this Pristine Truth arrow (---🌿) indicates that your life is attracted life to read further here, and that is an unfailing “Green Switch” attraction to each additional word here. As a helpful reminder, I note the life of this attraction in action ---🌿 (🌿) after each paragraph.

*Note that 🌿 wordlessly consists of **all things simultaneously attracted to come into a unified, no-garbage, existence and aliveness moment by moment** and that this **unadulterated growth** is always available in Natural areas, backyard or backcountry, or with your pet. As a faithful and repeatable spacetime phenomenon, it is all things at once, a “spacetime” singularity (1a).*



This living article accomplishes amazing things because it's rooted in *the undeniable Pristine Truth that “You are reading these words here and now.”* (2c). In October, 2023, for this article it expanded to

***“It’s absolutely true that your life exists, lives, breathes and can act while you are reading these words this instant.”***

The article grows and strengthens from this absolute fact as it procreates itself along with us in the uniqueness of here and now. It is the wordless Universe that modern science methods in 1970 identified as Nature, our pure Big Bang space-time Universe. (2a) 🌿

The Pristine Truth quote above works because it’s self-evident existential, as was my Grand Canyon adventure. Its words accurately convey exactly what it’s doing here and now so they confirm what we and all things are attractively space-time growing and experiencing this instant.

🌿 strengthen

*The paragraphs above make these very words a trustable, singular, missing anchor-remedy for the misleading, limited, or conflicting stories that prevent us from being united and acting appropriately in this time of person/planet crisis instead of us continuing to increase our troubles.*

*The article achieves this goal because it is justifiably self-substantiating. For, example, this moment is a new and different time and space here. Yet it remains absolutely true this new instant that you still know it’s a trustable fact that “You are now reading these words.” That is, in self-evident words, space and time, **the ever-growing and changing “now” of life every instant.** 🌿*

In addition, be aware that **you can apply this pristine fact to anything else you do when you do it** so that experience is not distorted or misleading. Just change “are reading these words” into what you are doing then. It is reasonable to recognize its authenticity to be a United Nations Green Switch moment if you equally apply its science to all things. 🌿

## **Pristine Truth is Self-Organizing**

To achieve this article's Pristine Truth goal, I interview myself here as being a personification of Nature that Nature has taught me to be over my past years "in the woods." In this way, as an Earth avatar, I help others live their great trustable Pristine Truth and its beneficial effects that you can use to evaluate it. (14a) 🌿

I accomplish this here because in our space-time Universe, the essence and energy of all things is the same as yours or mine every instant. We are all it, all at once, as part of Nature's wordless space-time essence and how it is attracted to grow larger, like a pumpkin, moment by moment. (5). Like a foreigner, we are the only seed in the pumpkin that has taught itself to speak and relate with words that disconnect us from Nature's self-correcting ways so we become and suffer cancerous growth. **Only words that directly connect us to Nature's unifying powers are pristine true** like gravity, respiration and hunger and our other 51 senses (8). 🌿

In today's evidence-based worldview, rather than the past millennia's archaic, belief-based, Steady State paradigm, since 1970 everything is known to happen and be wordlessly attached and unified as one, living, ever alive and growing, Universal space-time essence that I and others call Nature and I additionally call Pristine Truth, (4a). In my heart, I reasonably **call my experience and acts as part of it, a verb, "spacetime"** to avoid distorting or excessively disturbing it. The word and the act are identical allowing me to spacetime anytime. 🌿

We will discover what happens as my living interview with me here progresses, You can be the best judge of its value because you are spacetime reading it and involved in it as it and we and everything else are growing right now. Since its words here are creating each Pristine Truth that follows them, I don't know its outcomes any better than you do based on your education and life experiences. 🌿


What I do know is that, via Pristine Truth, my senses have registered their origins in Nature's flow and I urge you to do the same by visiting a natural area and see if you, as if in your childhood, still can discover, sense or feel Pristine Truth there as you read this. That will validate what you experience here as we continue (3, 15). A Pristine Truth moment must be available there for you because everything is connected and happens at once. That's "spacetime," how, often without knowing it until later, I've learned from Nature since 1936.

Now, let's start the interview while I'm still around to answer questions 😊 (11) 🌿


**Letting Nature's Flow Speak its Pristine Truth for Itself While it Spacetimes its life**


**Michael J. Cohen (MJC):** Hello there. Welcome, I know why you are here. As a prescribed activity in my *Natureness in Action* key article (1), I asked for the consent of an attractive natural area to send me someone to interview me for this IJE article and you were attracted to show up. Wonderful, thank you (3a). This is exciting! You are beautiful and generous, what's your name?




**Natural Area (NA):** I'm the natural area itself that you asked. I'm existence itself, the living spacetime reality of what you call Nature this instant, here. Now, this may sound unreal to readers here until you think hard about it. I, Nature, am wordless life energy, *the spacetime Pristine Truth that trustily flows around and through you and everything else this instant and continually*. Although you take me for granted and often trespass how I grow without words, you and all things are always connected and part of my life and vice-versa. And that's how I can participate in this article with these words that I'm borrowing from you this instant. It's simply because my essence is spacetimeing them with your essence this instant. That makes us kin, and this article a valued form of narcissism. (4a) 

As for my real name, I have none. 

Your society has placed many names on me like nature, natural world, environment, ecosystem, higher power, spirit, web of life, the force, space-time (9) and now Pristine Truth. However, I was born nameless. In fact, it is only you and the rest of humanity that have the ability to produce and attach names to me or anything as you have just done here. This gift of yours did not appear until some thirteen or more billion years after the Big Bang non-verbally orgasmed me, Nature, into being its matter and energy. 

Before that, I was my nameless attraction to become matter because its diversity was more attractive, stronger and reliable than my raw attraction energy by itself. That's why it mattered then as it does right now if it's attractive to you. (12) 

Here in space-time, all things are attracted to happen at once as they stream through the life of our Universe including us. That's the wordless essence of the unified diversity that you sometimes call the web of life. Pristine Truth attraction moments are its web strands or web loves, its unifying glue. (9) 

**MJC:** You have been attractive to me since as far back as I can remember, especially when I was enjoying the sun and wind while swaying high up in my backyard Sycamore tree in 1935.

**NA:** I remember that because that tree was me. It made me, like you, happy because as a natural area I know that your labels about me are usually hurtfully inaccurate and they abandon me because I'm wordless, "dumb." Remember, without you, I'm non-verbal, not your sentences,

stories and images. I'm real, not an abstraction of me. This means that as I wordlessly flow through you this Pristine Truth moment, you too are real, too, not just the labels and stories that too often make you a cultural object that your society then enlists to war with me. I'm here. I've not abandoned you. 🌿

**MJC:** Wow, you must be in conflict. To say what you say right now, you are using words while you and they say you are wordless. Doesn't that bother you? 🌿

**NA:** Not at all since there is no conflict. As I mentioned I'm borrowing and using your words as I flow through you and begin your and my life's time and space right now. It's what I've done wordlessly with all things since forever, even before the Big Bang. 🌿

**MJC:** Before? Who or what were you before it? 🌿

**NA:** The same as now, including the same as you now, too, this new instant, spacetime, moment-by-moment. I was and am nameless Nature, my wordless attraction to justifiably begin life and love its dance into being, then and now, here, including you and me. Aren't you this instant attracted to continue to live in the next moment? Well, so is everything else, including me, space-time itself. 🌿

**MJC:** Yes, but I'm not wordless. 🌿

**NA:** True, however, I'm your inborn wordless *attraction to live* as what some call your inner child, and attraction is the essence of love (5). I loved you into being with your words, ideas and stories only about 200,000 years ago.

I know this because I'm conscious of the sequence of what I'm attracted to attach to, that's how I know it, just as I know I'm attached to you now so your Pristine Truth ideas and words strengthen and support me and vice-versa as we spacetime. 🌿

However, sadly, and to our mutual loss, what your words usually omit is that the attraction or purpose of our life in common is to grow life in harmonic balance every Pristine Truth moment. Isn't doing that attractive to you right now? That's Pristine Truth. I've even heard folks say "Us humans are just words on a stick."

**MJC:** That's not very nice. It demeans our Pristine Truth integrity 🌿

**NA:** They were aware of how un-nice you've been to me since your stories, past and present, talked and schemed with each other about how to live while they ignored what I signaled, that I, Nature, needed to survive too. They *felt me*, but ***I couldn't speak me***. The Pristine Truth is that the stress and turmoil from that separation is what today produces our increasing Earth misery as



you excessively teach your words to love each other and ignore, or war with, the wordless “stick” that is me as well as you. (4)

The war is raging within and around each of us, and here we’re beginning to solve that core problem right now by making your stick become a green switch by turning over a new leaf. 🌿

Your disconnection discomfort attracts you to excessively convert me into your word’s artificial means to survive, to exclude my love to live from your life. On average, you are out of tune with me for 99.9% of your lifetime. You spend over 95% of your time indoors and the rest of it mostly in your nature-conquering words and stories that fuel the war, not, instead, with satisfying Pristine Truth moments with me. (7) 🌿

Not being able to speak or gracefully guide humanity and all things, as I always love to do, my life has, past and present, been painfully vulnerable, conquered and exploited by your society’s words. Is that the right way to treat my life that continually loves your life into being as I stream through you? Isn’t that the war and abusiveness you’re trying to green switch stop? 🌿

**MJC:** Perhaps back then, historically, it was OK because it was not excessive, the planet could recover. Today it’s our biggest problem and we have yet to recognize its source, no less Green Switch correct it. What should I put in this article about that? 🌿

**NA:** You’re doing it right now by making it known 🌿, so Pristine Truth moments are recognized. 🌿

**MJC:** How do you know other folks know that it’s true by reading it here? 🌿

**NA:** Strange question you ask since you know right now that you exist, you’re alive, you know that I, your natural essence, is wordless without you, and that in this Green Switch moment, both of us are attracted to procreating our next moment of time and space to live in. You inserting this green switch pointer insures that. 🌿

**MJC:** Obviously, I and others love to live, survival is my greatest intention and its essence is wordless you. 🌿

**NA:** Thanks for answering your own question. The essence of everything is attached as one thing, so, simultaneously, all things, including other folks know it’s true of them if their thinking hasn’t learned or been abused to deny or block this fact. When they block its love, that is what we say we dislike or is disturbing or missing *about Nature*. This makes the words of our

personal discontents have Nature's flow be perceived as negative bad or evil. That's your core problem. 🌿

**MJC:** And thanks for teaching this to me over these many years. Folks are sensing and reading about what their/your life wordlessly loves to green switch right here in this Pristine Truth. 🌿

If they don't trust what they experience what or who can they trust or love? 🌿 Gentle readers, the above is happening here and now where words are actually artifacts because as I create this article, I am Earth's wordless atmosphere flowing into me as I breathe. I'm living in the same oxygen that you inhale while you read this. Oxygen grows from plant life, chlorophyll and sunshine and the carbon dioxide we and all animal life exhale. Plants exhale it at night, too, because there is no sunlight. Folks are wordlessly registering this phenomenon right now through their presently quiet sensation of respiration. 🌿

What I do about this at *Project NatureConnect* is have folks hold their breath in silence until Nature signals them to breathe again because that's more attractive than their suffocation fear, or their pain from the potential loss of their life as your life. 🌿

Respiration and suffocation sensations are two of our senses that we intelligently use to love folks into being and growing. There are fifty-two additional senses that also do this (8). In 1986 Guy Murchie told me he spent sixteen years identifying them in science journals, and he found many more in the rest of nameless you. I then emulated him and got the same results. For example, ultraviolet light or high-energy sound waves that only dogs can hear. All live and contribute to this article's Green Switch Moment. 🌿

**NA:** Yes, accompanied by the essence of all other things, they diversely evolved with me as everything attached to all things, including you, when you recently arrived. For example, the sensation of thirst appeared to connect animals to water as they began living on land. 🌿

**MJC:** That's why I use the senses of respiration and suffocation to start my *Natureness in Action* book (1). In it, what your, and my life sense in any moment is, as here, my and anybody's Pristine Truth if we want to exist and live more harmoniously. 🌿

To be reasonable, that truth can't be today's Nature, Gods, Love or Honesty because they continue to be at war with you. It disastrously conquers you and makes you sick mostly because it omits what we are discovering and sharing in this Green Switch moment. (16) 🌿

Think about this kind reader, if we didn't exist or live, all the things we're sharing here now would be lies because they wouldn't exist or live either. That's a Pristine Truth that fulfills our attraction to live, it's your attraction to reading these words in this Green Switch Moment. After all, you could have stopped reading anytime. That truth is, whenever you acknowledge it, that your natural essence is attracted to survive via the survival of all things. It's our inner child and attractive Pristine Truth in action when you "hope," when you want all things to help you. 🌿

**NA:** So, Mike, now please trustfully explain to folks here how, as now, I helped you beneficially apply our undeniable Pristine Truth tool, anywhere, onsite or online so, at will, any moment can include a single word that instantly Green Switches folks into making peace with Nature's flow around and through us. And be sure to have folks keep in mind that the constructs and terms you use are the unique ways that you explain your established and shared yet private/subjective experiences, and that they are urged to use them to green switch unify their relations. 🌿

**MJC:** My yearlong expedition groups, for 16 years, applied, while researching it, the Pristine Truth phenomenon. They lived it as they sustained and created anew what was cited as utopian, America's first revolutionary expedition education school. It worked because it embraced the original principles of science, to trust a thing in Nature as a fact it must be repeatable, not mystical or supernatural, and valued by its logic and outcomes. The school continued to operate for several decades in cooperation with Lesley University and the National Audubon Society as the National Audubon Society Expedition Institute. (13) 🌿

Today, as a preventative and remedy for Earth Misery, every Pristine Truth includes its possibilities whenever it is chosen to be part of the next Green Switch moment. That, as aforementioned, is how space-time attraction works. It includes in any moment all things, past present and future. We benefit from it simply by choosing to create moments that add it to any relationship because then it procreates the next Pristine Truth moment, ad infinitum. (3) 🌿

**NA:** Yes, we struggled for years, as now, to invoke and share its authenticity. 🌿

**MJC:** *What was and is needed is a single commonly understood, collective term for each Pristine Truth of Nature's flow so that word remedies our present destructive outcomes. Then all that is additionally required is funding to promote that tool.* 🌿

Because you, Natural Area, are pristine, especially when unadulterated, I used the term "Pristine Truth" to help stop our society's ongoing prejudice against nature. I define prejudice as "An unreasonable, pre-judging attitude that is, due to bonding, unusually resistant to sensible influence" and was asked by the National Audubon Society to write my book "Prejudice Against Nature" about it. (14)

*Pristine Truth is classic. It consists of all the various 54-sense attractions I and others have first-hand experienced these past 57 years since my original Grand Canyon epiphany. It is authentic because any space-time moment includes, unites and makes available all things past, present and future so they can be instantly applied or updated in the present to restore their original unity and value. This includes words along with thoughts, feelings and senses being things.* 🌿

To this same end, I used the term “*Natureness*” to represent the self-correcting essence of Nature’s flow around and through us. As aforementioned, *all the constructs and terms I use here are the ways that I and others explain my private/subjective experiences in natural areas*. If you want to unify with everything, use them, their heart-centered accuracy works personally and globally. 🌿

“*Ess* means ‘to exist,’ or ‘to be,’ and adding *ess* to Nature activates “*Natureness*.” As Nature’s self-correcting essence, it consists of essential, *Pristine Truth* facts about Nature that restore our broken world. 🌿

*Natureness* is significant because it activates wordless Nature. For example, consider gravity’s attraction energy. It is profound, available and consistent since its origin in the first moment of the Big Bang, where it was accompanied by the attraction energies of bosons, gluons and electromagnetic particles. Although this instant they continue to hold the life of our Universe together as it grows, they are completely vulnerable to humanity’s excessively nature-disconnected words and their painful effects. 🌿

As Natural Area mentioned, we, like isolated, conquering foreigners, create and can apply words. They help or addict us to conquer gravity by excessively engaging in things like the airline industry or kite surfing. Meanwhile, ignored, are whole life satisfactions for our excessive stress and anxiety via backyard or backcountry *Pristine Truth Natureness* contacts with attractions there along with attractions to the hidden *Pristine Truth Natureness* of our human acquaintances, a good way to make friends. 🌿

Dear reader, if you are now attracted to implement some of these truths you have expanded your *Pristine Truth Natureness* here to your advantage. 🌿

I encourage you, to enjoy being a personification or avatar of Nature's flow by simply adding "ness" to all things' names including people, thoughts and sensations. That's the key green *switchness* that we're looking for. 🌿

For example, as I'm spacetimeing I, *Mikeness* (Mike plus *ness*, my essence) am writing these words. This strengthens Natureness because in any moment, I can convincingly add "ness" to the name of Nature's things so a tree becomes treeness, rocks rockness, gods godness, happy happiness etc. Then, as equals that include speech, Nature's flow and we, as now, can converse and create attractions that increase well-being for all things. 🌿

This lets anyone beneficially relate to the Natureness that any and all things always share. The personal and global well-being created by doing this is a significant remedy for Earth Misery, a remedy that our Society negligently omits. 🌿

It works because anything that improves or injures Nature's flow around us does the same as it flows through us. What we do to it, we do to ourselves. This explains why our ever-increasing personal, environmental and social disorder rates parallel each other. 🌿

Because in *Natureness* everything grows as one wordless, living, ness thing, moment-by-moment, when you see a natural area, you are looking at your subconscious mind growing without your words. When you touch or walk through it you are touching or walking through your wordless self and can give its things there their correct ness name and relate to them accordingly. Do this (15). Feel your *Natureness*, integrity and awareness grow. For example, recognize your sense of gravity relating to gravity's attraction energy to keep you standing in balance. 🌿

Today, *when Pristine Truth is missing, the world is either "Word Life" or "Wordless Natural Life*. Our words label things what we think they are and we then relate to them accordingly. ***As a tree can be treeness or board feet dollars, so go our forests and feeling complete.*** With the science and arts of *Natureness* absent, like a self-fulfilling prophecy, our stories' ethical and moral deceptions make us excessively conquer Nature's flow and produce our broken world. 🌿

For example, gravity attracts a river to flow downhill. To get an image of the flow, we can place a camera in it. However, the camera's presence changes its current so we get an inaccurate, camera-adulterated, picture and impression of the current. Pristine Truth works because, instead, it lets us 54-sense become the river's spacetimeing essence and know its flow by our flow being it and speaking it as Usness. 🌿

*Natureness* works because we already are the river and it frees us from being buried alive in non-river words that separate us from its self-correcting *riverness*. The latter is how we suffer from our limited relationships and disorders and feel isolated. 🌿

## Conclusions

Here and now, the readers life experiences 🌿 in this article define the constructs and terms I use in this article and in my references as below. You can use them to unify with anything because their accuracy simultaneously works personally and globally. 🌿

**Nature** is forever, as now, it's beautiful, wordless attraction to begin life and justifiably love its dance of everything into harmonious being.

**Spacetime** supports Nature's life and vice versa. It's our Standard Big Bang Universe as it begins and grows/expands moment by moment.

**Pristine Truth** is unadulterated spacetime and its history in action

**Natureness** is the self-correcting essence of Nature and its flow around, through and as us.

**Humanity** is Nature with the unique ability to create and use words.

**Attraction** is the essence of love, its attractive desire to live in balanced diversity.

**Life** is its love to live and support life attractively.

**Natural System Thinking Process** is a web-of-life blueprint model of Nature.

**Green Switch** is the application of Pristine Truth

**Earth Misery** is the result of humanity's words excessively disconnecting us from Nature.

**Greed** is the outcome of excessively or addictively wanting because our excessive loss of nature's love makes us feel that we never have enough.

Gentle reader, *Youness* alone (🌿) know best what to conclude from the *Natureness* methods and materials in this living narrative. That is because it is supported by your attraction to create moments that add the Pristine Truth of ness to everything, including people, and replace Earth Misery and its abusiveness with our love for life, including human life. Ness makes all things matter. In general, since all things at once are this space-time moment, as we excessively grind

Nature into money, and as we are or have been abused, so we, desensitized to Nature, abuse the life of Nature's flow around and in us and others. 🌱

It is this moment's choice to continue to nesc or not nesc. That is the question. Whether we are involved with an addictive neurotic trend that attaches us to abusive, nature-disconnecting words, or is this phenomenon an incurable psychosis? I conclude the former since I've demonstrated *Natureness's Pristine Truth* stops it and some Native societies don't create or suffer our Earth Misery. (13, 10) 🌱

### Postscript

For the Washington State San Juan Island Grange meeting opening song this week, I had the members sing the 1848 Shaker Village song 'Simple Gifts', with the Gift knowingly being today's Pristine Truth space-time. The Grange members then closed their eyes, while each pictured in their mind a natural area that they love. Then together we sang the song again, each in our remembered special natural area space. 🌱

'Tis the gift to be simple, 'tis the gift to be free,  
'Tis the gift to come down where we ought to be,  
And when we find ourselves in the place just right,  
'Twill be in the valley of love and delight

When true simplicity is gain'd,  
To bow and to bend we will not be asham'd,  
To turn, turn will be our delight,

Till by turning, turning we come round right. 🌱

During the meeting I told them about an earlier visit by Cynthia Brunold and George Conesa to the Grange and about this article. They were enthusiastic about this. So, at the meeting closing I had them form a circle and sing the Simple Gifts song to each other, with eyes open. That moment, as they knew that Nature's air and energy flowed around and through them, they became the Gift. 🌱

When we don't deny it, adding *Natureness* to any of our relations strengthens, heals and unifies all of life and "🌱" thrives. You know it works if you recognize that 🌱 right here has grown more understandable, attractive and useful than when 🌱 first appeared ten spacetime pages ago. In addition, you can **this instant** spacetime **go back** those ten pages to compare or improve the two 🌱. That's Pristine Truth and Natureness in action, Now.



## Contacts

**Mikeness Cohen** [nature@interisland.net](mailto:nature@interisland.net) 360-378-6313 Pacific Time

- **Opportunities** <http://www.ecopsych.com/psychologypost>
- **Project NatureConnect websites**  
[www.ProjectNatureConnect.com](http://www.ProjectNatureConnect.com) [www.projectnatureconnect.org](http://www.projectnatureconnect.org)
- **Natureness Training** <http://www.ecopsych.com/NATILLUSTRATED.pdf>
- **Homepage** <http://www.ecopsych.com/homepagepristine>
- **Participation Application** <http://www.ecopsych.com/applicationpristine.docx>
- **Releases** <http://www.ecopsych.com/emailrelease>
- **Benefits** <http://www.ecopsych.com/benefits>
- **Donations** <https://greatnonprofits.org/org/project-natureconnect-inc>

## References

1. Cohen, M. J. (2022). *Natureness in action: The remedy for abuse that we learn to ignore: Nature's essence is its wordless love to begin life.* *Journal of Social Sciences Studies and Research*, 2(4), 175-191.  
[www.ecopsych.com/NATILLUSTRATED.pdf](http://www.ecopsych.com/NATILLUSTRATED.pdf)
- 1a. Cohen, M. J. (2024) *Pristine Truth: How Spacetiming Works Without Existing*  
[www.ecopsych.com/SPACETIMING.pdf](http://www.ecopsych.com/SPACETIMING.pdf)
2. ---(2022). *Natureness in action.* Pure Science Illustrated: The History of Nature's Life, Space and Time. <http://www.ecopsych.com/natscience.html>
- 2a. ---(2012). A new Copernican revolution. (2012). *Journal of Organic Psychology and Natural Attraction Ecology*, 2. <http://www.ecopsych.com/journalcopernicus.html>



- 2b. ---(2020c) News media and UN Secretary General accused of negligence.  
[www.ecopsych.com/UNwaronnature.pdf](http://www.ecopsych.com/UNwaronnature.pdf)
- 2c. Ibid, (2022) ... Self-evident
3. ---(2015). A survey of nature-connected learning participants.  
<http://www.ecopsych.com/survey.html>
- 3a. (1997) The global wellness and unity activity <http://www.ecopsych.com/amental.html>
4. ---(2001) The state of planet Earth and us. <http://www.ecopsych.com/zombie2.html>
- 4a. ---(2023) How to liberate your natureness: The arts and science of sensory validation.  
<http://www.ecopsych.com/NATURENESSBETAFINAL.docx>
5. ---(2019) The revolutionary wisdom and science of eco-arts therapies: a practical skill and truth. [www.ecopsych.com/journalmist.html](http://www.ecopsych.com/journalmist.html)
6. ---(2020). My greatest trustable truth interview with Mike Cohen [www.ecopsych.com/janetinterview.html](http://www.ecopsych.com/janetinterview.html)
7. Klepeis, N. (2001). The national human activity pattern survey (NHAPS). *Journal of Exposure Science & Environmental Epidemiology*, 11, 231–252.
8. Cohen, M. J. (1997). Reconnecting with nature. EcoPress.  
<http://www.ecopsych.com/insight53senses.html>
9. ---(2008). Educating, counseling and healing with nature.  
<http://www.ecopsych.com/ksanity.html>
- 10 ---(2018). Principles of organic psychology. <https://www.amazon.com/Principles-Organic-Psychology-Nature-Connected-Counseling/dp/1793154414>
- 11 ---(1993). The training ground of a nature-connected expert.  
<http://www.ecopsych.com/mjcohen.html>
12. ---(2010). Planet Earth is a living organism.  
<http://www.ecopsych.com/livingplanetearthkey.html>
13. ---(1998) *Natureness in action: The revolutionary wisdom of eco-art therapies*.  
<http://www.ecopsych.com/journalexpeditionedu.html>
14. ---(1983). Prejudice against nature. <http://www.ecopsych.com/prejudicebigotry.html>

15. ---(1989). A Valentine for counselors and you. <http://www.ecopsych.com/giftnatureness.html>
16. ---(2011). Thinking and learning with all nine legs. <http://www.ecopsych.com/ninelegs.html>
17. UN's Secretary General's address, State of the Planet, at Columbia University (2020): <https://www.un.org/en/climatechange/un-secretary-general-speaks-state-planet>

End

